

KRIYA YOGA

MEDITATION

TO RELIEVE STRESS
ATTAIN CALMNESS
& EXPERIENCE THE
BLISSFUL STATE OF
SELF REALIZATION

An insightful discourse on the scientific technique of Kriya Yoga by

SWAMI ATMAVIDYANANDA

an advanced disciple of the Lineage of Realized Masters

Paramahansa Prjnanananda &
Paramahansa Hariharananda



FRIDAY
FEBRUARY, 15
7PM to 9PM

T.E. Herman Center
226 Matlage Way
Sugar Land, TX
77478

FOR MORE INFORMATION:

WEBSITE:

www.kriya.org &
www.templeofcompassion.org

EMAIL:

info@houston.kriya.org

CALL:

+1(617) 459 0426
+1(651) 308 8662

