

THE ANCIENT, SCIENTIFIC TEACHINGS OF KRIYA YOGA

Milwaukee, WI September 7-9, 2018



with

Yogacharya Bhadrayu Pandya

Yogacharya Bhadrayu Pandya will be in Milwaukee to give this ancient meditation technique. This Kriya Yoga Initiation program is tailored for both new seekers and existing Kriya Yoga practitioners.

7 pm	Friday, September 7 Public Lecture – OPEN TO ALL
8:30 - noon	Saturday September 8 Initiation
12:30 – 1:30 pm	Vegetarian Potluck Lunch hosted by the Milwaukee Center
Break	
3 – 4 pm	Technique Class
4:15 – 6:15 pm	Spiritual Discourse and Guided Meditation**
10:00 – 12:30pm	Sunday September 9 Technique Review & Meditation
12:30 – 1:30 pm	Vegetarian Potluck Lunch hosted by the Milwaukee Center
Break	
3:00 – 5:00pm	Spiritual Discourse and Guided Meditation**

Location

Bay View Historical Society (Beulah Brinton House)
2590 S Superior St
Milwaukee, WI 53207

Registration

Please register via email to kriya.wisconsin@yahoo.com. Phone 414-736-6061

**Saturday and Sunday may be attended only by those already initiated in the lineage of Paramahansa Hariharananda & Paramahansa Prajnananada

WHAT IS KRIYA YOGA

Kriya Yoga is an ancient method of living and meditation that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines. It helps us to experience the three divine qualities of light, vibration, and sound by using techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness and to change our lives. Kriya Yoga teaches that any action, *kri*, is done by *ya*, the indwelling soul. It is a universal spiritual discipline that crosses all divisions and boundaries.



PARAMAHAMSA HARIHARANANDA
(1907-2002) - (photo on the right)

filled with purity and love, came from a long, unbroken line of masters, ultimately attaining nirvikalpa samadhi, the highest goal of a realized yogi. A disciple of Swami Shriyuktishwarji and Paramahansa Yoganandaji, he spread Kriya Yoga to the East and West.

PARAMAHAMSA PRAJÑANANANDA
(photo on the left)

his successor, continues his mission teaching one lesson: the lesson of love. Through every action and breath, he urges us to realize that we all are divine and to achieve that blissful state of divine love and contentment through basic self-discipline and the practice of Kriya Yoga.

LINEAGE OF MASTERS

